

Clinical Policy: Triptorelin Pamoate (Trelstar, Triptodur)

Reference Number: CP.PHAR.175

Effective Date: 10.01.16

Last Review Date: 02.22

Line of Business: Commercial, HIM, Medicaid

[Coding Implications](#)

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

Triptorelin pamoate (Trelstar[®], Triptodur[®]) is a gonadotropin-releasing hormone (GnRH) receptor agonist.

FDA Approved Indication(s)

Trelstar is indicated for the palliative treatment of advanced prostate cancer.

Triptodur is indicated for the treatment of pediatric patients 2 years and older with central precocious puberty (CPP).

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Trelstar and Triptodur are **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

A. Prostate Cancer (must meet all):

1. Diagnosis of prostate cancer;
2. Request is for Trelstar;
3. Prescribed by or in consultation with an oncologist or urologist;
4. Age \geq 18 years;
5. Request meets one of the following (a or b):*
 - a. Dose does not exceed 3.75 mg per 4 weeks, 11.25 mg per 12 weeks, or 22.5 mg per 24 weeks;
 - b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

**Prescribed regimen must be FDA-approved or recommended by NCCN*

Approval duration:

HIM/Medicaid – 12 months

Commercial – 6 months or to member's renewal date, whichever is longer

B. Central Precocious Puberty (must meet all):

1. Diagnosis of CPP confirmed by all of the following (a, b, and c):
 - a. Elevated basal luteinizing hormone (LH) level $>$ 0.2 - 0.3 mIU/L (dependent on type of assay used) and/or elevated leuprolide-stimulated LH level $>$ 3.3 - 5 IU/L (dependent on type of assay used);

- b. Difference between bone age and chronological age was > 1 year (bone age-chronological age);
- c. Age at onset of secondary sex characteristics is < 8 years if female, or < 9 years if male;
2. Request is for Triptodur;
3. Prescribed by or in consultation with a pediatric endocrinologist;
4. Member meets one of the following age requirements (a or b):
 - a. Female: 2 - 11 years;
 - b. Male: 2 - 12 years;
5. Dose does not exceed 22.5 mg per 24 weeks.

Approval duration:

HIM/Medicaid – 12 months

Commercial – 6 months or to member’s renewal date, whichever is longer

C. Gender Dysphoria, Gender Transition (off-label) (must meet all):

1. Diagnosis of gender dysphoria or request is for gender transition;
2. Prescribed by or in consultation with an endocrinologist and a provider with expertise in gender dysphoria and transgender medicine based on a certified training program or affiliation with local transgender health services (e.g., mental health professional such as psychologist, psychiatrist, see *Appendix D*);
3. Age and pubertal development - meets (a or b):
 - a. Member has reached or passed through Tanner Stage 2* and is < 18 years of age;

**Age ranges approximating Tanner Stage 2 pubertal development extend from 8 to 13 years of age in girls and 9 to 14 years of age in boys.*

- b. Member is \geq 18 years of age and has failed to achieve physiologic hormone levels with gender-affirming hormonal therapy (e.g., estrogen, testosterone) unless contraindicated or clinically significant adverse effects are experienced;
4. Member demonstrates understanding of expected GnRH analogue treatment outcomes and has given consent for such treatment;
5. If member has a psychiatric comorbidity, member is followed by mental health provider;
6. Psychosocial support will be provided during treatment;
7. Dose is within FDA maximum limit for any FDA-approved indication or is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

Approval duration:

HIM/Medicaid – 12 months

Commercial – 6 months or to member’s renewal date, whichever is longer

D. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

II. Continued Therapy

A. Prostate Cancer (must meet all):

1. Currently receiving medication via Centene benefit, or documentation supports that member is currently receiving Trelstar for prostate cancer and has received this medication for at least 30 days;
2. Request is for Trelstar;
3. Member is responding positively to therapy;
4. If request is for a dose increase, request meets one of the following (a or b):*
 - a. New dose does not exceed 3.75 mg per 4 weeks, 11.25 mg per 12 weeks, or 22.5 mg per 24 weeks;
 - b. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

*Prescribed regimen must be FDA-approved or recommended by NCCN

Approval duration:

HIM/Medicaid – 12 months

Commercial – 6 months or to member’s renewal date, whichever is longer

B. Central Precocious Puberty (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met all initial approval criteria;
2. Request is for Triptodur;
3. Member is responding positively to therapy as evidenced by, including but not limited to, improvement in any of the following parameters: decreased growth velocity, cessation of menses, softening of breast tissue or testes, arrested pubertal progression;
4. Member meets one of the following age requirement (a or b):
 - a. Female: ≤ 11 years;
 - b. Male: ≤ 12 years.
5. If request is for a dose increase, new dose does not exceed: 22.5 mg per 24 weeks.

Approval duration:

HIM/Medicaid – 12 months

Commercial – 6 months or to member’s renewal date, whichever is longer

C. Gender Dysphoria, Gender Transition (off-label) (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. If request is for a dose increase, new dose is within FDA maximum limit for any FDA-approved indication or is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

Approval duration:

HIM/Medicaid – 12 months

Commercial – 6 months or to member’s renewal date, whichever is longer

D. Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.
Approval duration: Duration of request or 6 months (whichever is less); or
2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid, or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

CPP: central precocious puberty
DSM-5: Diagnostic and Statistical Manual of Mental Disorders, 5th edition
NCCN: National Comprehensive Cancer Network

FDA: Food and Drug Administration
GnRH: gonadotropin-releasing hormone
LH: luteinizing hormone

Appendix B: Therapeutic Alternatives

Not applicable

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s):
 - Hypersensitivity to triptorelin or any other component of the product, or other GnRH agonists or GnRH
 - Pregnancy (Triptodur)
- Boxed warning(s): none reported

Appendix D: General Information

- WPATH offers their Global Education Institute (GEI) Certified Training Courses: Best Practices in Transgender Medical and Mental Health Care. Additionally, the following link provides a search tool to locate WPATH member providers:
<https://www.wpath.org/provider/search>
- Transgender Care Therapy Certification Training is also offered by the International Transgender Certification Association (ITCA). Professionals with expertise in transgender care can be located using the following search tool:
<https://transgencertification.com/locate-a-professional/>
- The draft of WPATH Standards of Care Version 8 are available and open for public comment. These standards of care recommend that adolescents are managed by a multidisciplinary care team that involves both medical and mental health professionals. The list of key disciplines includes but is not limited to: adolescent medicine/primary

care, endocrinology, psychology, psychiatry, speech/language pathology, fertility, social work, support staff, and the surgical team. The need to include a healthcare professional with some expertise in mental health does not dictate the inclusion of a psychologist, psychiatrist or social work in every assessment. Instead, a general practitioner, nurse or other qualified clinician could fulfill this requirement as long as they have sufficient expertise to diagnose gender incongruence, recognize mental health concerns, distinguish between these concerns and gender dysphoria, incongruence or diversity, assist a transgender person in care planning and preparing for gender affirmative medical and surgical treatments, and refer to a mental health professional if needed.

V. Dosage and Administration

Drug Name	Indication	Dosing Regimen	Maximum Dose
Triptorelin pamoate (Trelstar)	Prostate cancer*	IM: 3.75 mg per 4 weeks; 11.25 mg per 12 weeks; 22.5 mg per 24 weeks	See regimen
Triptorelin pamoate (Triptodur)	CPP	IM: 22.5 mg IM every 24 weeks	See regimen

*May be used in combination with therapies such as radiation therapy, antiandrogens, glucocorticoids, docetaxel.

VI. Product Availability

Drug Name	Availability
Triptorelin pamoate (Trelstar)	Single-dose vial for reconstitution with Mixject system (kit): 3.75 mg, 11.25 mg, 22.5 mg
Triptorelin pamoate (Triptodur)	Single-dose vial for reconstitution (kit): 22.5 mg

VII. References

1. Trelstar Prescribing Information. Wayne, PA: Verity Pharmaceuticals, Inc.; May 2020. Available at www.trelstar.com. Accessed July 14, 2021.
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 3. National Comprehensive Cancer Network Drugs and Biologics Compendium. Triptorelin pamoate. Available at nccn.org. Accessed July 14, 2021.
 4. National Comprehensive Cancer Network. Prostate cancer (Version 2.2020). Available at https://www.nccn.org/professionals/physician_gls/pdf/prostate.pdf. Accessed July 14, 2021.
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- Gender Dysphoria*
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8. Hembree WC, Cohen-Kettenis PT, Gooren L, et al. Endocrine treatment of gender-dysphoric/gender-incongruent persons: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*, November 2017, 102(11):3869–3903.
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11. Standards of care for the health of transsexual, transgender, and gender nonconforming people. WPATH: World Professional Association for Transgender Health. 7th version; 2001. Available at www.wpath.org.
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14. Micromedex® Healthcare Series [Internet database]. Greenwood Village, Colo: Thomson Healthcare. Updated periodically. Accessed July 14, 2021.
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Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J3315	Injection, triptorelin pamoate, 3.75 mg
J3316	Injection, triptorelin, extended-release, 3.75 mg

Reviews, Revisions, and Approvals	Date	P&T Approval Date
4Q 2018 annual review; policies combined for Centene Medicaid, Commercial (CP.CPA.314; Triptodur only); added HIM; no significant changes; for oncology, summarized NCCN and FDA-approved uses for improved clarity (limited to diagnosis); specialist involvement in care and continuation of care added; no significant changes; references reviewed and updated.	08.07.18	11.18
Addition of gender dysphoria as off-label use.	07.16.19	08.19

Reviews, Revisions, and Approvals	Date	P&T Approval Date
4Q 2019 annual review: added HIM-Medical Benefit; for prostate cancer added option for urologist prescribing; references reviewed and updated.	08.01.19	11.19
4Q 2020 annual review: no significant changes; removed HIM-Medical Benefit and references to non-formulary policy; added J3315 and J3316 HCPCS codes; references reviewed and updated.	07.15.20	11.20
4Q 2021 annual review: added gender transition to gender dysphoria criteria set; references to HIM.PHAR.21 revised to HIM.PA.154; retire WCG.CP.PHAR.175; modified Commercial approval duration to 6 months or to member’s renewal date, whichever is longer; references reviewed and updated.	07.14.21	11.21
For gender dysphoria or request is for gender transition modified prescriber requirements to allow experts in transgender medicine based on a certified training program or affiliation with local transgender health services; added general information Appendix D with resources for transgender provider search tools and examples of training programs.	12.14.21	02.22

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or

regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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